## **Kopan Monastery Prayers and Practices**

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## The King of Prayers

THE PRAYER OF WAYS HIGH AND SUBLIME

(Skt: Arya bhadra charya prani dana raja) (Tib: phag pa bzang po spyod pai smon lan gyi rgyal po)

O lions amongst men Buddhas, past, present and future To as many of your as exist in the ten directions I bow with my body, speech and mind.

On waves of strength of this king
Of prayers for exalted, sublime ways
With bodies numerous as atoms of the world
I bow to the Buddhas pervading space

On every atom is found a Buddha Sitting amidst countless Buddha sons I look with eyes of faith to the Victorious ones Thus filling the entire Dharmadatu.

Of these with endless oceans of excellences Endowed with an ocean of wondrous speech I sing praises of the greatness of all Buddhas An eulogy to those gone to bliss.

Garlands of flowers I offer them And beautiful sounds, supreme perfumes Butter lamps and sacred incense I offer to all victorious ones.

Excellent food, supreme fragrances
And a mound of mystic substances high as Mt Meru
I arrange in special formation
And offer to those who have conquered themselves.

And all peerless offerings I hold up In admiration of those gone to bliss With strength of faith in sublime ways I prostrate and make offerings to the conquerors.

Long overpowered by attachment, aversion and ignorance Countless evils I have committed With acts of body speech and mind Each and every one of there I now confess.

In the perfections of the Buddhas, the Bodhisattvas The Arhats training and beyond And in the latent goodness of every living being I lift up my heart and rejoice. O lights unto the ten directions
Buddhas who have found the passionless stage of Enlightenment
To all of you I direct this request
Turn the incomparable wheel of Dharma.

O Masters wishing to show parinirvana Stay with us and teach, I pray. For as many aeons as there are specks of dust In order to bring goodness and joy to beings.

May any small merits that may have amassed By thus prostrating, making offerings, confessing, rejoicing And asking the Buddhas to remain and teach the Dharma Be dedicated now to supreme and perfect Enlightenment.

May my offerings be received by all passed Buddhas

And by all those now abiding in the ten directions

And may all the Buddhas who have not yet come

Quickly perfect their minds and reach Buddhahood, the state of full awakening.

May all the Buddha realms of the ten directions Remain forever vast and completely pure May the world be completely filled with Buddhas Who have attained illumination under sacred trees And may they all be surrounded by Bodhisattvas.

May all living beings of the ten directions Always abide in health and joy May they live in accord with the ways of Dharma And may their every wish become fulfilled.

By my living in the ways of Enlightenment May I remember my past lives in all my reincarnations And in all cycles of death, migration and rebirth May a sensitivity for truth be ever strong within me.

By my following in the footsteps of the Buddhas
May I utterly perfect the sublime ways of the Bodhisattvas
And may I practice the faultless un-degenerating stainless and pure ways of self control

May I master all languages that exist, including those of the gods, nagas, yakshas, spirits and the varieties of men

As well as all forms of communication of living beings That I may be able to show Dharma in every way.

Striving thus and in the transcending perfections May I never forget the Bodhi mind And may I totally cleanse from within my mind stream All negativities and mental veils.

May I gain freedom from karma, delusion and karmic maras To be able to live in the world unaffected by its stains like a stainless lotus grows out he mud And like the sun and moon shine without obstruction in the sky. For long as there are Buddha fields and directions May I strive to quell the misery of the lower realms, May I place the living beings only in happiness And bring them all only benefits and joy.

May I strive to complete the ways of Enlightenment And to abide in ways harmonious with the world May I expose others to the ways most sublime And myself abide in them throughout all future aeons.

May my ways and the ways of a Bodhisattva Always go together hand in hand In body, speech and also in mind May I attune to their sublime ways.

May I never be separated from the good friends Who reveal the path of sublime ways And who wish only to benefit me May I never disappoint them even for a moment.

May I constantly envision the perfect Buddhas The protectors who are surrounded by Bodhisattvas And in the future may I never weary Of devoting myself to them with all my strength.

May I forever uphold the holy Dharma of the Buddhas And illuminate the sublime ways of enlightenment May I practice throughout all future ages The ways and deeds of the sublime path.

Circling in the various realms of existence
May I amass inexhaustible goodness and wisdom
And may I become an unending treasure of qualities
Such as methods, wisdom, samadhi and the experiences of the bodhisattva.

On every atom are Buddha fields numberless as atoms Each field is filled with Buddhas beyond conception And each Buddha is surrounded by a myriad Bodhisattvas To all these dwellers in sublime ways I turn my attention.

Thus all atoms within the directions
Abide within a space of a single hair
An ocean of Buddhas in an ocean of Buddha fields
Performing enlightened activities for an ocean of aeons

Each Buddha with his perfected speech releases An ocean of sounds with every word he says To satisfy the infinitely diverse tendencies of beings Thus does the speech of a Buddha constantly flow.

All these conquerors past, present and future Continually turn the method of Dharma wheels With all the powers of my mind I listen For the inexhaustible sound of their works. All future aeons that could possible be Manifest within me in a single instant And I myself in a fraction of a moment Enter into all aeons of the three times.

All past, present and future lions amongst men I envision with the instantaneous wisdom And by the power of the Bodhisattvas examples I focus upon the objects of their experience.

I manifest Buddha fields past, present and future Upon a single atom of existence And then I transform every single atom Of existence into Buddha field.

By this, when the future lights of the worlds Eventually gain Bodhi, turn the Dharma wheels And reveal the passing to nirvanas supreme peace May I take rebirth in their very presence.

Then may I attain the ten powers:
The power of instant magical emanations
The power which is a vehicle with every d

The power which is a vehicle with every door The power of excellent activity

The power of all pervading love

The power of constantly positive energy

The power of passionless wisdom

The powers of knowledge method and samadhi

And the power of enlightenment itself.

May I purify the powers of karma

May I crush the powers of delusion

May I render powerless the powerful maras And may I perfect the power of sublime ways.

May I purify an ocean of realms

May I liberate an ocean of sentient beings

May I see an ocean of truths and

May I realize an ocean of wisdom.

May I perform an ocean of perfect deeds

May I perfect an ocean of prayers

May I revere an ocean of Buddhas, and

May I practice untiringly for an ocean of aeons.

Through my practice of the sublime Bodhisattva ways May I gain the enlightenment of Buddhahood And then fulfil the enlightened and sublime aspirations Of the Buddhas past present and future.

In order to match the ways of the sage Called Samantabhadra, the always sublime one Chief amongst the awakened one's sons I now dedicate all virtues that I possess. Just as the sublime sage Samantabhadra Dedicated all pure practice of body speech and mind To the attainment of a pure state and pure realms So do I now dedicate the fruit of all my efforts.

In order to engage in all sublime virtues
I offer the prayer of Manjushri
In the future may I never become faint
In striving to perfect the exalted Bodhisattva ways.

May my deeds never reach a limit
May my qualities of excellence become boundless
And, by abiding in immeasurable activity,
May I find Buddhahood, the state of limitless manifestation.

Limitless is the extent of space Limitless is the number of sentient beings And limitless are the karma and delusion of beings Such are the limits of my aspirations.

One may offer supreme ornaments of the Buddha fields Of the ten directions to the conquerors And also offer the highest joys of men and gods For aeons numerous as atoms of the world

But to read or hear The Kind of Prayers With eyes looking to supreme illumination And faith stirring in ones heart for even an instant Gives birth to a far more superior merit.

Should anyone recite this aspiration of sublime ways They will pass beyond all states of sorrow Will rise above all inferior beings and gain A vision of Amitabha, Buddha of Boundless Light.

Given in this very lifetime All sublime joys will be theirs The experiences of the always sublime Samantabahdra Without obstruction will quickly be theirs.

Merely by giving voice to these aspirations
Of the sublime ways of a Bodhisattva
All evils, such as the five inexplicable deeds that out of ignorance were done
Will be completely and utterly washed away.

One will gain he wisdom form signs Marks, family and complexion of a supreme Nirmanakaya The most revered goal of all three worlds And thus transcend the harms of devils and fools.

One will travel to the great tree of illumination And there, for the sake of living beings will make ones seat, Then one will turn the mighty wheel of Dharma And tame evil Mara and his forces. Should anyone touch, read or teach to others
This prayer of the sublime way of a Bodhisattva
The effects can be known only by an omniscient Buddha
Therefore, doubt not that it leads to enlightenment.

In order to follow the excellent examples set By the wisdom of the Bodhisattva Manjushri And the always sublime All virtue I dedicate to their peerless ideals.

All conquerors passed into the three times Have praised as supreme this peerless dedication Therefore I also surrender all roots of my activities To the sublime goals of a Bodhisattva.

When the moment of my death arrives
May I remain free from spiritual obscurations
May I perceive the countenance of Amitabha
And transmigrate to sukavati, the pure land of joy.

Having arrived there, may I fulfil All aims of this prayer of aspirations And benefit the countless living beings Residing throughout the ten directions.

In the joyous mandala of Amitabha Buddha May I be reborn from a beautiful lotus And may I there have the pleasure of gaining A pure prophesy from Amitabha himself.

Having won his words of prophesy By the power of mind may I fill all directions With many millions of mystical emanations And bring limitless benefits to the world.

If by reciting this prayer of sublime ways I have amassed a tiny fragment of goodness] May it work immediately to fulfil All dharmic hopes of the living beings...

Thus is complete The Great King of Prayers, The Prayer of Ways High and Sublime.